

# Size Guide

## BRACELETS

### Printing

Print out this page in 100%. Do not scale to fit. To get the best results, the INMIND Wrist Sizer must be printed on an A4 size page. To check that the Wrist Sizer has been printed properly, take a ruler and measure the sample below. If the bar does not measure exactly 3cm, check that page scaling is set to “none” on your print out dialogue box, and that you are printing at full size (100%).



### How to use Wrist Sizer to measure your bracelet size

- STEP 1: Cut out the Wrist Sizer on the right.
- STEP 2: After cutting out the Wrist Sizer, cut a slit where it indicates “CUT HERE”. Insert the pointed end through the opening you have cut at the end of the Wrist Sizer.
- STEP 3: Make sure your hands are at normal body temperature. Hands and wrist may expand when hot or one has moved a lot.
- STEP 4: Wrap the measuring guide around your wrist. Start by placing the flat end of the strip just below the wrist, where you would normally wear the bracelet and wrap the arrow end around until the fit is tight.
- STEP 5: The number that lines up with the edges of the opening is the size of the wrist. Please specify this exact number on the measuring tape, we will make sure your bracelet will fit you comfortably. You must specify exact wrist size (**not the bracelet size!**). We tested hundreds of wrists to find what extra is optimal for every type of bracelet, but if you like the loose fit, you can order a larger size when choosing from a drop-down list.

Please note that the INMIND Wrist Sizer is an indicative guide only and therefore may not be an exact measure.

